

Save The Bees With Your Free Wildflower Seeds

Immerse your pupils in nature and grow your own wildflower garden which will in turn help save the butterflies and the bees.



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Now that you have your carefully prepared pack of wildflower seeds, you are ready to begin planting them and watching them grow.

This guide provides you with simple growing instructions to make growing your seeds quick and easy. We have also included a selection of activity sheets so you can integrate the life of the flowers and the wildlife they attract into your curriculum.

The complimentary activity sheets include a wildflower checklist, a nature watch checklist, a drawing activity and a photography activity, enabling your pupils to track the growth of the flowers through a visual case study.



Competition

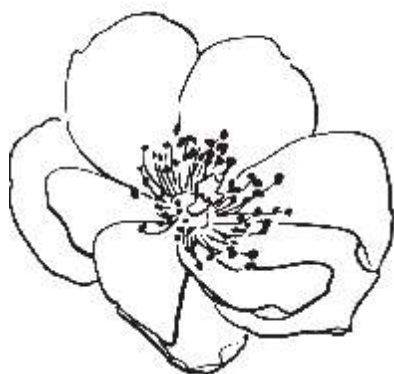
Enter our competition to win a £50 book voucher for your school.

We'd absolutely love to see photos of your seeds once they have blossomed, so we have set up a competition. All you have to do is send us a photo of your wildflower garden in full bloom and our favorite garden will win your school a £50 book voucher.

Send your entries to: marketing@ablecanopies.co.uk

All entries must be received by 30/09/20 and the winner will be notified on 02/10/20. Please let us know if you would like us not to use your photos on social media.

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Growing Your Seeds

Growing your seeds is much easier than you may think. Each pack will cover one square metre.

Sowing Instructions:

The seeds are best sown in the spring after the frosts have passed and can be sown up until the end of the summer.

Each pack of seeds will cover one square metre. To prepare your seed bed, first remove all weeds, then dig over the soil to create a fresh bed.

Sprinkle your seeds over the area equally, then rake the wildflower seeds into the soil and moisten the ground well.

Water your seedlings and flowers regularly such as twice a week and more often throughout the hotter, dryer months.

Further Information:

Wildflowers are an essential food source and habitat for many species of animals and pollinating insects such as bees, butterflies and moths.

What's in the pack?

The seeds provided are a high quality, comprehensive mixture suitable for a wide range of soil types and features wildflowers that are pure and colourful garden plants which are perfect for creating a beautiful mini wildflower meadow in your own school.

The flower species in your pack will include: Paper Daisy, Pheasant Eye, Pot Marigold, Cornflower, Dwarf Morning Glory, Evening Primrose, Forget-Me-Not, California Poppy, Baby's Breath, Love-in-a-Mist, Corn Poppy, Golden Tickseed, Blue Lupin, Borage, Purple Tansy, Blanket flower, Clarkia, Cosmos Mixed, Marsh Mallow and Clovers.

Photos of all the above flowers are on the following page so your pupils can cross them off as they start to bloom.

Will they grow back every year?

The mixture includes annuals and perennials which provide colour from the first year. Avoid picking the flowers to enable the self seeding flowers to grow back year after year. You could even pick some of the dried flower heads and save the seeds so you can plant them elsewhere, expanding your meadow or gifting them to pupils or other schools. You will be surprised how many seeds just one poppy head produces.



Wildflower Checklist

How many of the below flowers can you spot in your wildflower meadow?
Cross them off as they start to appear.



Paper Daisy



Pheasant Eye



Pot Marigold



Cornflower



Dwarf Morning
Glory



Evening
Primrose



Forget-Me-Not



Love-in-a-
Mist



Baby's Breath



California
Poppy



Corn Poppy



Golden
Tickseed



Blue Lupine



Borage



Purple Tansy



Blanket flower



Clarkia



Cosmos Mixed



Marsh Mallow



Clovers





Nature Watch Checklist

How many of the below insects can you spot in your wildflower meadow?
Cross them off as you notice them or create a tally of how many you see.



Honey Bee



Bumble Bee



Wasp



Peacock Butterfly



Small Tortoiseshell Butterfly



Red Admiral Butterfly



Common Blue Butterfly



Small/Large White Butterfly



Ladybird



Damselfly
(you will only see these if you have a pond or river nearby)



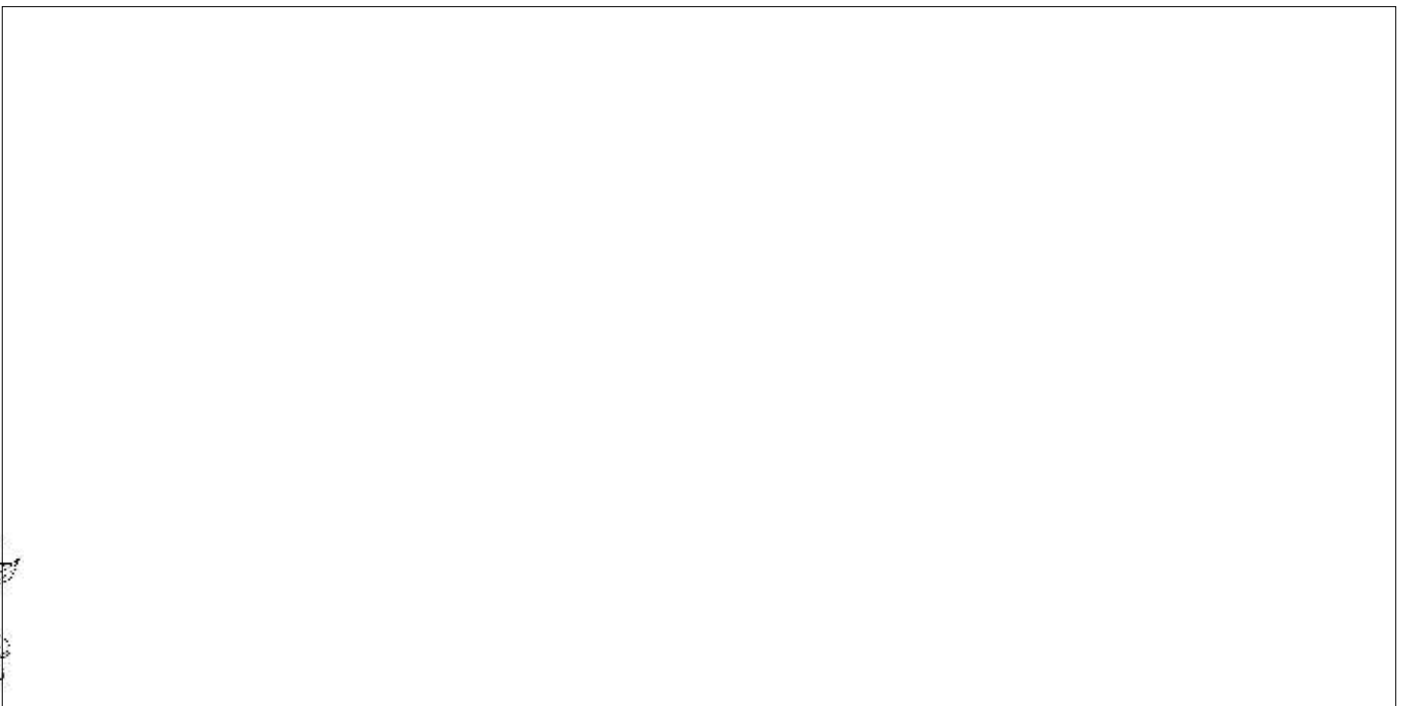
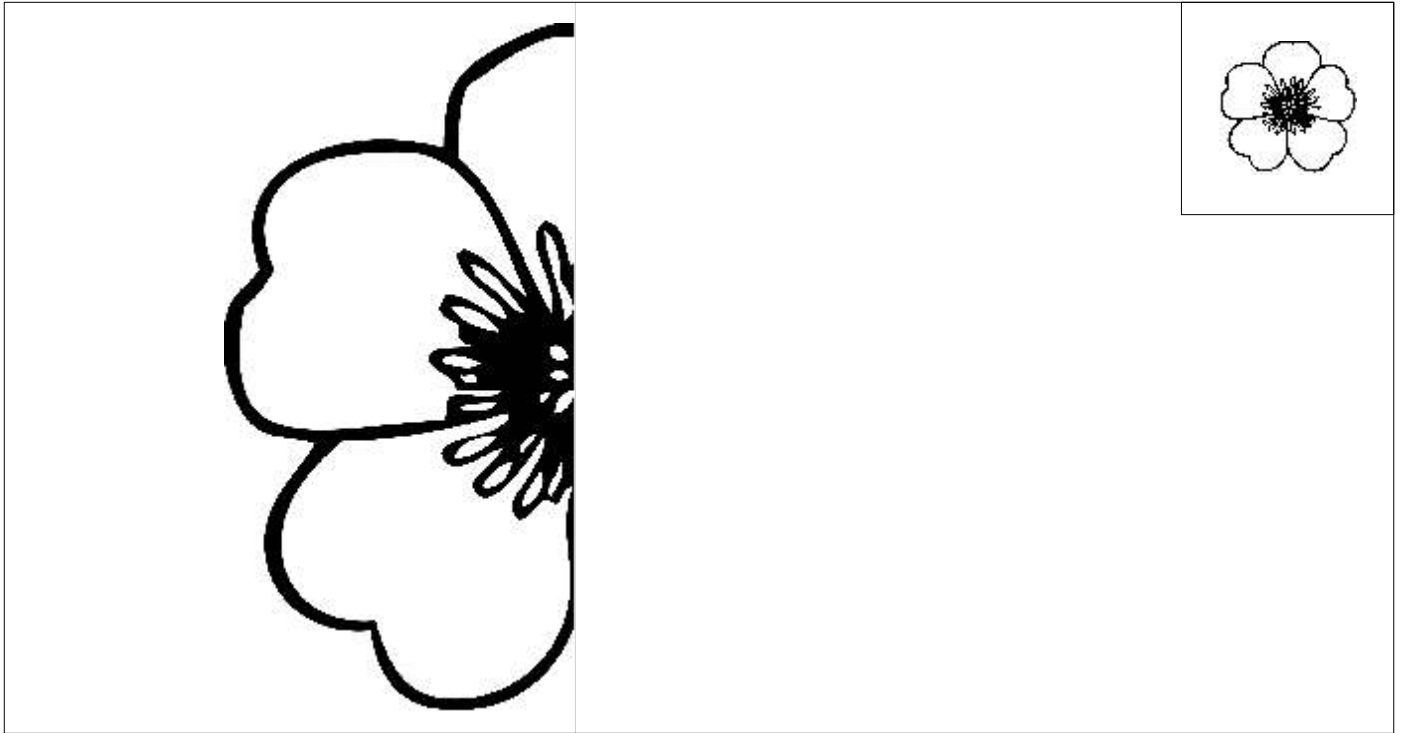
Red Headed Cardinal Beetle



Ants

Draw Your Own Wildflower

Copy the other half of the below California Poppy or draw the flowers you see in your wildflower garden in the box further below.



Photograph Your Wildflower Garden



Take photos of your wildflower garden every two weeks from the day you sow the seeds and add the photos to the chart below to see how much your garden changes over time.

<div>Day 1</div> <div>Date:</div>	<div>Week 2</div> <div>Date:</div>	<div>Week 4</div> <div>Date:</div>
<div>Week 6</div> <div>Date:</div>	<div>Week 8</div> <div>Date:</div>	<div>Week 10</div> <div>Date:</div>
<div>Week 12</div> <div>Date:</div>	<div>Week 14</div> <div>Date:</div>	<div>Week 16</div> <div>Date:</div>
<div>Week 18</div> <div>Date:</div>	<div>Week 20</div> <div>Date:</div>	<div>Week 22</div> <div>Date:</div>



Are you interested in holding your lessons in the great outdoors more often? Our canopies are the perfect solution, they enable you to hold outdoor lessons all year round as they protect from the rain as well as the sun, blocking harmful UV rays.

To download a copy of this guide visit: www.ablecanopies.co.uk/seeds

"We wanted a canopy installed to improve access to the outside for our Reception and Key Stage 1 pupils. They are supposed to be able to play outside often and that area is very exposed, as well as battered by North Cornish rain. Thanks to our new covered outdoor learning area, our children have been enjoying a wealth of activities such as role play, (currently a café), learning activities such as phonics and number work, free play, sand and water and much more.

The canopy has changed the whole view of the building and brought it into the 21st Century (it's on the oldest part of the school). It looks modern and welcoming. The service was excellent - it was installed during school time but with minimal disruption and no mess."

St Marks C of E Primary School - Morwenstow, Cornwall



Photo shows children playing under our Coniston Wall Mounted Canopy at St Peters Catholic Primary School in Kent.

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